

## WAS TORTURED FOR TEN YEARS

With Terrible Stomach Trouble Until She Tried "FRUIT-A-TIVES".



MRS. F. S. STOLZ

3307 Sacto Ave., Sacramento, Cal.  
"I had Stomach Trouble for 10 years, which became so bad that I got Stomach Cramps two or three times a week."

After years of terrible torture, I read about "Fruit-a-tives" or Fruit Liver Tablets, and sent for a trial box and wrote that it was the last remedy I would use—"Fruit-a-tives" did not help me, I would die.

After taking the trial box, I felt better, so kept on taking "Fruit-a-tives" for nearly a year, and am thankful to say "Fruit-a-tives" saved my life.

I also saved a friend from an operation for Stomach Trouble, after he had given up all hope of getting well. Mrs. F. S. STOLZ.  
Box 6 for \$2.50, trial size 50c. At all dealers or sent on receipt of price, by FRUIT-A-TIVES Limited, OGDENSBURG, N. Y.

## IN MISERY FOR YEARS

Mrs. Courtney Tells How She Was Cured by Lydia E. Pinkham's Vegetable Compound

Oskaloosa, Iowa.—"For years I was simply in misery from a weakness and awful pains—and nothing seemed to do me any good. A friend advised me to take Lydia E. Pinkham's Vegetable Compound. I did so and got relief right away. I can certainly recommend this valuable medicine to other women who suffer, for it has done such good work for me and I know it will help others if they will give it a fair trial."—Mrs. LIZIE COURTNEY, 108 8th Ave., West, Oskaloosa, Iowa.

Why will women drag along from day to day, year in and year out, suffering such misery as did Mrs. Courtney, when such letters as this are continually being published. Every woman who suffers from displacements, irregularities, inflammation, ulceration, backache, nervousness, or who is passing through the change of life should give this famous Oskaloosa and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of a long experience is at your service.

## IT'S SURPRISING

That So Many Barton People Fail to Recognize Kidney Weakness.

Are you a bad back victim? Suffer twinges, headaches, dizzy spells? Go to bed tired—get up tired? It's surprising how few suspect the kidneys.

It's surprising how few know what to do. Kidney troubles need kidney treatment.

Doan's Kidney Pills are for the kidneys only. Have convinced Barton people of their merit.

Here's a Barton case, Barton testimony. Kidney sufferers hereabouts should read it.

Mrs. E. W. Barron, Main street, says: "I was troubled with displacements on different occasions and knowing the good people here at home, I used Doan's Kidney Pills. They greatly relieved me. I can certainly praise Doan's Kidney Pills because they are deserving of it."

Price 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Barron used. Foster-Milburn Co., Props., Buffalo, N. Y.

## LOST

Notes in books given that Savings Bank Book No. 200, issued by the Central Savings Bank and Trust Co. of Orleans, Vt., No. 100, 1919, has been lost.

Orleans, Vt., March 24, 1919.

## LOST

Pass Book No. 2156, issued by Barton Savings Bank & Trust Company February 11, 1919.

Barton, Vt., March 26, 1919.

## ORLEANS: A Home-County Study

By Bruce R. Buchanan, West Glover, Vt.

An original thesis presented as part fulfillment of the requirements for graduation at the State Agricultural College of the University of Vermont. The original copy is accompanied by 29 maps, illustrating points brought out by the text, but unfortunately these maps cannot be reproduced.

Any misstatement of fact will be gladly corrected if called to our attention. It must be understood that the data upon which it is based was all taken in 1915 or earlier and many changes have taken place since. In some parts it would be impossible to bring these figures up to date, as the abnormal conditions caused by the war have caused a distortion that would ruin the value of any tabulation. If time permitted a valuable chapter might be added showing the county's participation in the war in men, loans and gifts.

(Continued from last week)

### CHAPTER VII.

#### Farm Ownership and Labor.

Rent is the economic measure of the value of land, and the price that is commonly considered the measure of value is dependent upon it. When a farming district becomes sufficiently profitable to enable each farm to support more than one family, the owner often rents the land, ceasing to work upon it himself, and the relationship of landlord and tenant comes into existence. Tenancy may therefore be considered as one of the measures of the profitability of the agriculture of a district. A classification of the Vermont counties in this way indicates that the Champlain valley counties are more prosperous than the remaining counties of the state and that the amount of tenancy varies directly with the price of the land, Essex county showing the least and Grand Isle the most. This relationship is shown even more strikingly by dividing the fourteen counties into two groups. The seven counties with less than 10% of their farms rented averaged \$10.21 per acre, the seven with more than 10% of the farms rented show an average value of \$17.07 per acre. This classification places Orleans in the 12th place, only Essex and Caledonia being poorer.

The social implication of these figures of tenancy are more favorable to the county than the economic. Gillette makes the statement that the eastern counties have not as yet felt the seriousness of the social situation that is brought on by the rise in the price of land. With 91.1% of the farms of the county owned by the operators, the farmers are certain to have a vital interest in community affairs that is said to be lacking in the districts of the high-priced lands of the West where tenants outnumber owners.

A glance at the farm mortgage statistics indicates the same apparent lack of productiveness of the farms of Orleans county. Over 50% of the farms of the county are mortgaged, only two counties, Lamoille and Franklin, showing a higher percentage, while these mortgages are for amounts averaging 39% of the total value of the farms, the largest percentage of any county of the state.

This indicates as plainly as the tenancy figures do that the farms of the county as a whole are not so profitable as those of the retention of a prosperous, contented class of farmers. It cannot be definitely decided whether the estimate of the value of the county agriculturally is more accurate by Spillman's method, (Chap. 8) giving Orleans a high place among the 14 counties, by the Factor method (Chap. 9) which gives it an intermediate position, or by the method, which places Orleans low down in the list, though it may be remembered that the first two are based upon incomplete data and the latter is more fundamental than the others. For these reasons the estimate furnished by the tenancy and mortgage figures may possibly be the more accurate measure of the agricultural value of Orleans county.

As noticed in a preceding chapter the farms of the county are small, too small, in fact, for profitable agriculture under modern conditions. In the days of early settlement each farm was a little world by itself and consequently the farms were all so small that one man could do all the work upon them. With the introduction of new machinery, and the present methods of marketing products, these farms were found to be too small. Under the pressure of such forces some farms have been "abandoned," and the old cellar holes are frequently found in some back pasture where the land is too poor for cultivation. Other farms, and they are many, are still worked when they would better be combined with others. With the small acreage the farmer struggles along with a heavy debt, measure returns and high priced equipment, attempting to do all the work himself. If the farms were larger, more and better equipment and less labor per man would be possible.

The supply of labor at present, however, is hardly sufficient to meet the demand. Many of the farmers depend upon the help of the growing sons can give. Others hire schoolboys who work nights and mornings for their board. On the larger farms labor is largely supplied by the sons of neighbors who desire to acquire capital to enable them to buy farms of their own, consequently the farmers who began life by working for others are common. Some men and boys from the villages work upon the farms in the summer, and another source of labor is supplied by the Irish and to a lesser extent, by the Scotch immigrant. The quality of the labor secured is very good upon the whole and drunkenness is not a very serious failing of the men.

### CHAPTER VIII.

#### The Net Farm Income.

In 1909 the Roosevelt Country Life Commission in its report placed first upon its list of deficiencies of country life, the "lack of knowledge upon the part of farmers of the exact agricultural conditions and possibilities of their regions." One of the most encouraging things about the country life agitation is the increased interest in the financial status of the farmer and more particularly the work being

done by the farm management surveys, originated at Cornell, where a large amount of data upon New York farms has been secured. The Vermont extension service is at present accumulating data for Vermont, six widely different areas having been covered already. Fortunately one of these is in Orleans county. Seventy-two farms around Orleans, in the towns of Barton, Brownington, and Irasburg have been visited and data secured upon the business being conducted. These figures should be typical of the county as a whole, and are valuable for comparison with data secured in other states, in the other Vermont areas, and with similar figures secured in other ways. The results of this survey are given in Table 5.

W. J. Spillman, in 1913, devised a method of ascertaining the so-called labor income from the census figures by the use of certain arbitrary percentages. When his methods are applied to the Vermont figures the results shown in Table 4 are secured. The assumed percentages are not entirely satisfactory for Vermont conditions, though an attempt to secure accurate factors from the data from the Orleans area was not successful.

Spillman's method is as follows: The census gives the gross farm income from animals, animal products, and the sale of feedable crops; the farm expenses for labor, feed and fertilizer; and the farm investment. To the sum of the farm expenses is added 20% on the equipment and 5% on the buildings for depreciation and 0.6% on the total investment for taxes. To this sum is added 15% for miscellaneous expenses and the whole is deducted from the gross farm income, giving the "labor income." This method gives a labor income of \$318 for the entire country while for Vermont it is a negative figure, — \$69, and only three counties show a positive figure, Caledonia, Essex and Orange.

As a test of the value of this method the actual figures of the 72 Orleans area farms were worked up, by this method, giving a total expense for these farms that is 11% greater than the sum of all actual farm expenses. For this area at least we are forced to the conclusion that the arbitrary percentages taken are too high for Vermont conditions, especially since interest is taken upon the machinery and building investments in addition to the other amounts taken for depreciation. To render the figures in the labor income as figured by Spillman's method more nearly like the actual conditions, 10% should be subtracted in place of the 15% added.

Since the labor income derived by this method cannot be an accurate figure for the actual cash received by the farmer, it has been considered best after careful study to allow it to remain as an index of the relative, if not of the exact amount of the farmer's income. Using these figures in this manner gives the following rank of the counties. It must be distinctly understood that these sums, even if they were accurate, represent not the total cash the farmer receives but only that portion of the total farm income that he receives as pay for his labor, after interest upon his investment has been subtracted.

Spillman's Labor Income.	
1 Orange	\$1.57
2 Essex	36.77
3 Caledonia	16.21
4 Orleans	36.35
5 Rutland	62.75
6 Windham	57.59
7 Washington	66.22
8 Franklin	54.06
9 Addison	113.06
10 Lamoille	115.29
11 Windsor	132.04
12 Chittenden	174.00
13 Grand Isle	200.06
14 Bennington	227.73

The Orleans area farm management survey of 1915 discovered the labor income on these farms to be \$346 and that of the best ten farms of the area to be \$933. These figures are accurate and represent the actual pay that the farmer receives for his labor. The following gives the important facts this work disclosed in addition to the labor income:

The following factors that determine profits in farming are based on records for the year ending Jan. 1, 1915, as given by 72 Barton, Brownington and Irasburg farmers:

Efficiency Factors	72 Farms	Best 10 Farms
Labor income	\$346	\$933
Size of business		
Total capital	7881	8555
Acres in crops	46	52
No. men (12 mos. basis)	1.5	1.6
Av. no. cows	14	15
Cattle units	19	22
Diversity of Business		
No. of sources of income	2	5
over \$150	2	5
Milk and butter	\$732	\$953
Net cattle sales	270	384
Net swine sales	154	154
Crops	153	153
Maple syrup and sugar	190	190
Quality of Business		
Livestock		
Receipts per cow from milk and butter	\$55	\$62
Receipt per cattle unit	52	61
Cost of feed per cattle unit	47	45
Crops		
Corn (silage) per acre	12T	13T
Oats	57B	58B
Hay	1.4T	1.5T
Labor		
Cattle units per man	13	14
Crop acres per man	33	33

Crop acres per horse	17	19
Value of barns per animal unit	\$58	\$46
39 farms less than av. capital made labor incomes	\$295	
33 farms more than av. capital made labor incomes	409	
24 farms with 1 or less important sources of income	150	
23 farms with two or less important sources of income	308	
17 farms with 3 or less important sources of income	462	
8 farms with four or more important sources of income	793	

(To be Continued.)

### CALEDONIA COUNTY

Carroll M. Pike, U. V. M. '16, has been appointed director of the Theodore N. Vail agricultural schools and farms to succeed Rollo G. Reynolds, recently resigned to take up educational work in France with the Y. M. C. A.

The commencement parts at St. Johnsbury academy are announced as follows: Valedictory, Doris Perry; salutatory, Harold Wells; essays, Leslie Moyle and Estelle Slack. The six honor pupils also were announced, Zilka Roddick, Margorie Sears of Irasburg, Grace Roddick, Sigrid Ekloff, Helen Crawford of Irasburg and Elsie Gray.

It was recently acknowledged by Congressman Edward H. Wason of Nashua, N. H., that he married four years ago Miss Susie C. Whitney, born in Burke 30 years ago. The marriage has been kept secret. After the marriage the bride bought a house in Lowell, Mass., where she lived and was frequently visited by her husband, who still kept up the family residence in Nashua, N. H., and a farmstead in Merrimack, N. H.

At a special town meeting in St. Johnsbury to decide what kind of licenses the town would have, the citizens voted to grant licenses for all kinds of liquor, by a vote of 630 against 514, for licenses for malt liquor only. Since the local option law was adopted in 1902 this is the first instance in the state where a second meeting has been held after the municipality had voted for license at a March meeting. The vote at the March meeting in St. Johnsbury was 385 for license and 370 for no-license.

First Lieut. Harold W. Batchelder, of Hardwick, has been cited for extraordinary bravery in action, July 15, 1918, in the following words: "First Lieut. Harold W. Batchelder, 80th infantry. For extraordinary heroism in action near Bois D'Aigremont, France, July 15, 1918. When it seemed impossible for a runner to get through the violent barrage, Lieut. Batchelder volunteered, and carried an important message to regimental headquarters, returning with an answer."

A suit to recover \$10,000 has been brought against Mrs. Margaret Heywood of St. Johnsbury, by John Beck, next friend, for injuries to his son, Philip Beck, 16 years old. With two companions about his age the boy was a passenger in an automobile owned by C. E. Silsby of St. Johnsbury and driven by his son, and was injured when the car went down a bank, crowded off the road, it is claimed by Mr. Heywood's car. Young Beck's arm was badly injured. The accident occurred in the summer of 1917 and action had been delayed pending the outcome of the boy's injuries. Seales & Graves are Mr. Beck's lawyers and Mrs. Heywood has retained Sargent, Stockney & Skeels of Ludlow. The case is returnable at the June term of Caledonia county court.

### WEST BURKE

Henry Bugbee has been ill the past week.

Mrs. Ida Powers was in Lyndonville Thursday.

Mrs. Ida Fogg is working for Mrs. Jennie Craig.

Mrs. Alza Hall was in Orleans the first of last week.

Mrs. Henry Bugbee visited in St. Johnsbury recently.

Mrs. Edith Abar and children have been visiting in Newport.

G. A. Jamieson and family are spending the week in Hardwick.

Mrs. Abby Colby has been spending the past week at Sydney Brigham's.

Mrs. Frank Duval is quite ill at the home of her daughter in St. Johnsbury.

Mr. and Mrs. Albert Mears spent a part of last week with relatives in Newport.

Miss Pearl Delaney has been spending a few days with friends in Westfield.

Mrs. Mary Smith is at home again, after a winter spent with her daughter in Bristol, Conn.

Mrs. Nettie McCoy is home from her school in Woodsville, N. H., for a vacation of one week.

Mrs. Clara Ross has been entertaining her friend, Mrs. Fletcher, of St. Johnsbury, the past week.

Dr. Herrick has sold his home here to parties in Canada, but may decide to remain in town and buy elsewhere.

Mrs. Roland Chase gave the Gleaners and their friends a fine time at the sugar camp Wednesday afternoon and \$1.85 was cleared.

Mrs. Mattie Abbott, who has been spending the past few weeks at Mrs. Ida Holt's returned to her home in Stanstead, P. Q., Saturday.

Mr. and Mrs. Arthur Miles of Brownington are spending a few weeks at Corliss Page's, and he is assisting Mr. Page in the sugarplace.

Lieut. Maynard Alexander was at home last week to attend the funeral of his uncle, Cyrus Skinner, of Brownington, but returned to Camp Meade Friday.

The village school is closed for one week. We are sorry that Mrs. Sheehan has decided not to return for the spring term, but glad that a very good teacher, Mrs. Dora Lyon, has been secured to take her place.

Mr. and Mrs. John Austin have opened a restaurant in the A. D. Fogg

building and have been kept busy during the past week. Mrs. Lilla Bean of Burke is working for them and Pride Bean of Newark is helping in the livery stable.

The whist party at the schoolhouse Wednesday evening, was enjoyed by all present. The gentlemen's prize was won by Parker Crandall and the ladies' by Mrs. Elmer Forbes. Five dollars and eighty-five cents was cleared for the benefit of the library.

The town hall at Burke has been shingled, a new floor is being laid, a stage is to be built and other improvements made. We understand that the Darlings are responsible for a great part of this good work, for which the town should be very grateful.

The star mail route between this village and Westmore, which has been operating for the past thirty years and more was discontinued this month and Henry Bugbee, who has become a landmark to the people of Lake Willoughby, will be greatly missed, especially during the summer.

### SUTTON

Elinor LaClair is very ill.

Mrs. Agnes Cheney visited in St. Johnsbury last week.

Mr. and Mrs. Carroll Gordon of St. Johnsbury spent the week-end at Dana LaClair's.

Harold Coburn and Miss Leda Hawkins of Lyndonville spent the week-end at C. E. Coburn's.

### SUTTON NORTH RIDGE

Leo Blake has purchased the Dr. Herrick farm.

E. E. Grant lost his sugarhouse by fire Thursday.

J. O. Noyes has purchased the Thrasher place.

Esther H. Blake has been quite ill with a cold recently.

G. A. Jamieson and family visited at B. H. Fairbanks' recently.

Mrs. O. W. Ingalls seems a little more comfortable at this writing.

Fred Cahill of Island Pond has been visiting his cousin, G. H. McFarland.

Mr. Pappenaugh is to carry on George Allard's sugar place this season.

Mrs. W. C. Curtis is at her home in Montpelier for a few weeks' vacation.

E. E. Curtis attended the funeral of C. W. Skinner of Brownington on Tuesday.

Miss Mabel Wilkie of Willoughby has been visiting her sister, Mrs. Leo J. Blake.

Miss Lilla Curtis, Fred and Leo McFarland are at home for the Easter vacation.

Mrs. W. F. McFarland, who has been so very ill, seems a little more comfortable. Mrs. Ahern is caring for her.

Mrs. George Allard died at her home here Friday, March 21st, after several days' illness. She leaves to mourn, her husband and several sisters. Funeral services were held Tuesday with interment at Lyndon Center.

### Commissioners' Notice

#### Estate of Fred Graveline

The undersigned, having been appointed by the Honorable Probate Court for the District of Orleans, Commissioners, to receive and adjust the claims and demands of all persons against the estate of Fred Graveline, late of Barton, in said district deceased, and all claims exhibited in and against the estate of said deceased, hereby give notice that we will meet for the purpose aforesaid, at the office of F. W. Cutting in the town of Barton in said district on the 24th day of April and 26th day of August next from one o'clock p. m., until four o'clock p. m. on each of said days and that six months from the 24th day of February A. D. 1919 is the time limited by said Court for said creditors to present their claims to us for examination and allowance.

Dated at Barton this 12th day of March A. D. 1919.

CLARENCE WEBSTER  
F. W. CUTTING  
Commissioners

12-14

## HAVE YOU SEEN IT?

If you have not, you had better come in and see the niftiest line of

### SPRING MILLINERY

in this section. We want your approval

GORDON HOSE. C B A LA SPIRITE CORSETS

MRS. C. L. HUTCHINS

BARTON, DAVIS BLOCK VERMONT

## Think Before You Buy

Compare OUR JEWELRY with that of other stores. Take it home for comparison. WE ARE WILLING, WHY NOT YOU?

*Hutchins*  
JEWELER

MAIN STREET

BARTON VERMONT

## Brighten up

THIS IS THE TIME OF YEAR TO BRIGHTEN UP WITH

## Paint, Varnish Etc.

Liquid Veneer, 25c, 50c and \$1.00

O-Cedar Polish, 25c and 50c

O-Cedar Mops, 75c and \$1.00

Floor Varnish

Floor Paint

Varnish for Oilcloths and Linoleums

H. T. SEAVER

The Hardware Man

BARTON, VERMONT

## The Monitor is the People's Paper

### Prints Most County News

## Job - Printing - A - Specialty

The Monitor, - Barton Vt.

## Essex Motor Cars

### ADD YOUR PRAISE

Everyone who has seen it is an Essex Enthusiast

### FOR ESSEX QUALITY

It is the way in which the Essex combines the advantages of economy in first cost and operation with the performance, endurance and excellence of detailed finish of large costly cars that it is attracting so much attention wherever motor cars are considered.

Such qualities have never before been combined in a single car. Those who have bought the usual light, cheap car knew in so doing that they were missing many of the delights of motoring.

Easy riding, quality and endurance were never expected. Such cars have not been distinguished for the character of their performance.

That is why everyone is so happily surprised at the Essex. Without large expense, all the advantages in performance and endurance that have been the exclusive possession of cars costing two and three times as much are obtained in the Essex.

The five-passenger model sells for \$1295, f. o. b. Detroit.

D. I. GRAPES

LYNDONVILLE, TELEPHONE 308

VERMONT